



Menu Name : St.Paul City Schools Grades K-8 Lunch Menu	Options Provided : Hot, Hot Vegetarian, Cold Meals & Deli Salads
Grade Level / Age Group : K-8 Grades	Meal Pattern : NSLP Meal: Lunch

May - 2024

	Wednesday, May 1, 2024	Thursday, May 2, 2024	Friday, May 3, 2024
Hot Meal	Soft Tortilla Taco WG Tortilla, Seasoned Beef, Cheese & Crema Street Corn, Shredded Lettuce Banana Choice Milk	Mandarin Orange Chicken Steamed Brown Rice Garden Greens Salad & Homemade Dressing Fresh Orange Choice Milk	Cheese Pizza Quesadilla Baby Carrots Crisp Varietal Apple Choice Milk
Hot Veg	Cheesy Pull Aparts	French Pizza Bread	Grilled Cheese Sandwich
Cold	Sunbutter & Jelly sandwich	Chicken Caesar Wrap	Sunbutter & Jelly sandwich

	Monday, May 6, 2024	Tuesday, May 7, 2024	Wednesday, May 8, 2024	Thursday, May 9, 2024	Friday, May 10, 2024
Hot Meal	Chicken Tenders & Ketchup WG Bakery Roll Baby Carrots & Dip Cinnamon Apples Choice Milk	Turkey Pepperoni Calzone Street Corn Salad Chilled Pears Choice Milk	Southern Drumstick Mildly Seasoned Chicken Drumstick WG Dinner Rolls Fresh Sliced Cucumbers & Banana Choice Milk	Cheesy Beef Nachos Drizzle Cheese Sauce on top of Tostitos & Seasoned Beef Lemony Pinto Beans Fresh Orange Choice Milk	Garlic Dusted French Bread Pizza Garden Greens Salad & Dressing Crisp Varietal Apple Choice Milk
Hot Veg	Cheesy Hot Pocket & Sauce	Veggie Garden Burger	Creamy Mac & Cheese & WG Roll	Stuffed Dipping Bites/ Italian Dip	Cheesy Pull Aparts
Cold	Sunbutter & Jelly sandwich	Honey Mustard Chicken Bun	Sunbutter & Jelly sandwich	Chicken Caesar Wrap	Sunbutter & Jelly sandwich

	Monday, May 13, 2024	Tuesday, May 14, 2024	Wednesday, May 15, 2024	Thursday, May 16, 2024	Friday, May 17, 2024
Hot Meal	Cheeseburger Bakery Bun & Ketchup Steamed Corn Cinnamon Apple Slices Choice Milk	Stack & Chomp Waffles w/ Syrup Stack your mini Belgium Waffles on top of each other for a delicious chomp Fruited Yogurt Cup Glazed Carrots Chilled Pears & Choice Milk	Corn Dog WG Chicken Corn Dog served w/ Ketchup CKC Baked Beans Banana Choice Milk	Asian Chicken Pot Stickers Teriyaki Dipping Sauce Sliced Cucumbers Fresh Orange Choice Milk	Creamy Mac & Cheese WG Dinner Roll Mixed Greens Salad & Dressing Crisp Varietal Apple Choice Milk
Hot Veg	Veggie Garden Cheeseburger	Pizza Calzone	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet	Stuffed Breadsticks w/ Dip	Grilled Cheese Sandwich
Cold	Sunbutter & Jelly sandwich	Honey Mustard Chicken Bun	Sunbutter & Jelly sandwich	Chicken Caesar Wrap	Sunbutter & Jelly sandwich

	Monday, May 20, 2024	Tuesday, May 21, 2024	Wednesday, May 22, 2024	Thursday, May 23, 2024	Friday, May 24, 2024
Hot Meal	Crunchy Tender Roll-up Wg Tortilla, Chicken Tenders Shred Lettuce, Shred Chz & Boom Sauce Seasoned Corn Cinnamon Apples & Choice Milk	Sweet & Sour Chicken WG Roll & Steamed Seasoned Rice Baby Carrots & Dip Chilled Pears Choice Milk	Walking Taco Corn Chips, Seasoned Beef w/ Shred Chz, Lettuce Cheesy Refried Beans Banana & Choice Milk	Teriyaki Drumstick WG Bakery Roll Crisp Broccoli & Dip Fresh Orange Choice Milk	Sicilian Cheese Calzone Sliced Cucumbers & Dip Crisp Varietal Apple Choice Milk
Hot Veg	Cheesy Pull Aparts	Pizza Crunchers	Cheesy Quesadilla	Creamy Mac & Cheese	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet
Cold	Sunbutter & Jelly sandwich	Honey Mustard Chicken Bun	Sunbutter & Jelly sandwich	Chicken Caesar Wrap	Sunbutter & Jelly sandwich

	Monday, May 27, 2024	Tuesday, May 28, 2024	Wednesday, May 29, 2024	Thursday, May 30, 2024	Friday, May 31, 2024
Hot Meal	Premium Chicken Nuggets Ketchup WG Dinner Roll CKC Baked Beans Cinnamon Apples & Choice Milk	Hot Italian Sub 'All Beef' Marinara Meatballs & Shred Cheese served on WG Bun Steamed Green Beans Chilled Pears Choice Milk	Sesame Chicken Bites Glazed Carrots Dinner Roll Banana Choice Milk	Penne Pasta & Meatsauce Garden Greens Salad & Dressing Fresh Orange Choice Milk	Brunch Lunch Buttermilk Pancakes & Syrup Fruited Yogurt Cup Tater Tots & Ketchup Crisp Varietal Apple & Choice Milk
Hot Veg	Grilled Cheese Sandwich	Cheese Quesadilla	Veggie Bean Burrito	Veggie Garden Burger & Mayo	French Bread Pizza
Cold	Sunbutter & Jelly sandwich	Honey Mustard Chicken Bun	Sunbutter & Jelly sandwich	Chicken Caesar Wrap	Sunbutter & Jelly sandwich

	Monday, May 27, 2024	Tuesday, May 28, 2024	Wednesday, May 29, 2024	Thursday, May 30, 2024	Friday, May 31, 2024
Hot Meal	Grilled Chicken Caesar Salad Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing, adding dinner rolls for grains.	Grilled Chicken Asian Salad Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Rolls added to complete the WG requirement.	Grilled Chicken SW Taco Salad Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	Classic Chef Salad We just time-travelled and brought back this timeless gem. It's simple. It's classic. It's vintage. This Egg, Turkey, Tomatoes and Salad combo is sure to appeal eyes and taste buds. WG rolls fill the grain part	Quinoa Power Bowl Salad Not just vintage, we cover current trends too. This salad has "New-age Superfood" Quinoa as its base. Not stopping there, it becomes more powerful with Beans, Corn and Spinach.

*** Hot Vegetarian & Cold Meals are served with vegetables, fruit of the day & milk.
 *** Deli Salad choices offered everyday (Both Regular & Vegetarian options available. All deli salads come with fruit and milk)

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.

JUNE 2024 Menu (Subject to Change)

	Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024
Hot Meal	Asian Chicken Pot Stickers	CKC Sticky Drumstick	All Beef Hot Dog	Golden Chicken Patty Sandwich	Twisted Cheesy Breadsticks
	Teriyaki Dipping Sauce	Wheat Thins	WG Bun, Ketchup	Bakery Bun & Ketchup	Warm Red Sauce
	Celery Sticks	Baby Carrots & Dip	CKC Baked Beans & Carrot Slims	Crispy Cubes & Ketchup	Mixed Greens Salad & Dressing
	Cinnamon Apples	Chilled Pears	Banana	Fresh Orange	Crisp Varietal Apple
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
Hot Veg	Cheese Calzone	Stuffed Dipping Bites w/ Sauce	Veggie Bean Burrito	Grilled Cheese Sandwich	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet
Cold	Sunbutter & Jelly sandwich	Honey Mustard Chicken Bun	Sunbutter & Jelly sandwich	Chicken Caesar Wrap	Sunbutter & Jelly sandwich

Week 1